

## SAFETY

### Emergency Numbers:

- Call - 911 (On base landline)
- 011-81-827-79-3322 (US Cell Phone)
- 0827-79-3322 (Japanese landline or Cell Phone)

### Hospital Information:

- Iwakuni Clinical Center (ICC)
- Telephone number: 0827-34-1000
- Address: 1-1-1 Atagomachi, Iwakuni City

*\* This is the closest Japanese hospital for emergency care (trauma center) in Iwakuni City.*

## SHELTER IN PLACE KIT CONTENTS

- *Plastic Sheeting*
- *Duct Tape*
- *Scissors*
- Towels
- Water
- Batteries
- Flashlight
- Radio/phone for communication
- First Aid Kit

*\* Plastic sheet, duct tape, and scissors are provided for free by MCAS Iwakuni's Self-Help Office and the CBRNE Protection Officer.*



# Marine Corps Air Station Iwakuni Shelter-in-Place Program



**Installation CBRNE Protection Officer  
(315) 253-7603**

## SHELTER-IN-PLACE CHECKLIST

### 1. Receive Alert and Verify the Situation

- Stay informed:** Pay attention to emergency alerts, radio, TV, or phone notifications.
- Understand the threat:** Determine the nature of the emergency (e.g., natural disaster, hazardous materials release, etc.).

### 2. Seek Shelter Immediately

- Find a safe location:** Stay inside and avoid going outside unless necessary.
- Move to an interior room:** Choose a room without windows, if possible.
- Close windows, doors, and vents:** Seal any cracks to prevent exposure to outside dangers (e.g., smoke, chemicals, debris, etc.).

### 3. Gather Emergency Supplies

- Water (1 gallon per person per day, for at least 3 days)
- Non-perishable food (enough for several days)
- Flashlight and extra batteries
- First-aid kit
- Prescription medications and any necessary medical supplies
- Personal hygiene products (toilet paper, hand sanitizer, etc.)
- Clothing (layers, as needed for temperature)
- Cell phone and charger

### 4. Communicate with Family and Loved Ones

- Notify family members:** Let them know you're safe and your current location.
- Establish a communication plan:** Agree on a meeting point or emergency contact person.
- Limit non-emergency communication:** Avoid overloading networks with unnecessary calls.

### 5. Monitor Official Information

- Listen to trusted sources:** Stay updated through government or emergency service broadcasts, radio, or social media.
- Follow local authorities' instructions:** Act according to guidance from law enforcement, emergency services, or public affairs.

### 6. Take Safety Precautions

- Limit movement:** Stay inside, avoid windows, and do not venture outdoors.
- Be prepared for evacuation:** Know exit routes and keep emergency supplies by the door, in case you're told to evacuate.

### 7. Stay Calm and Be Prepared to Act

- Stay calm:** Keeping a clear head will help you make better decisions.
- Have a plan:** Be ready to leave quickly if an evacuation is ordered.
- Help others:** If possible, assist neighbors or others who might need help (elderly, children, or those with disabilities).

### 8. Secure Pets and Animals

- Bring pets inside:** Ensure they are safe and have food, water, and a space to relax.
- Prepare for transportation:** If needed, have a carrier or leash handy for evacuating pets.

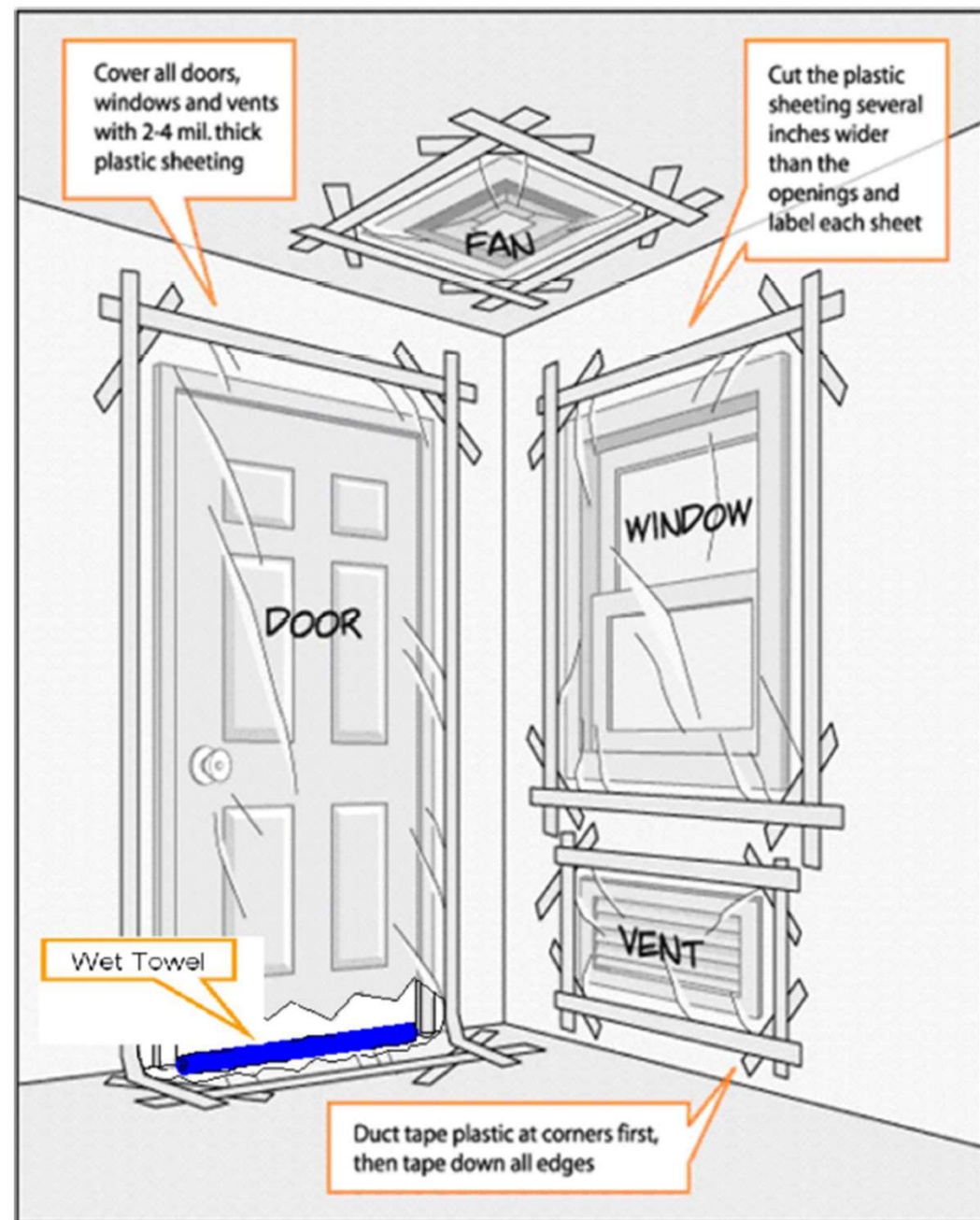
### 9. After the Threat Has Passed

- Wait for an official "all clear":** Do not leave until it's safe to do so.
- Stay informed:** Continue to follow local updates for any further instructions.
- Check for hazards:** Be aware of dangers outside your shelter, such as damaged roads or utilities.

### 10. Evaluate Your Health and Well-being

- Monitor your health:** Keep track of any symptoms (illness, injury, stress, etc.) and seek medical attention if necessary.
- Take care of mental health:** Sheltering in place can be stressful; stay connected with loved ones for emotional support.

## SHELTER-IN-PLACE EXAMPLE



*SIP Safe Rooms in Public Buildings Have This Identifier on the Door*